

Online Safety Resources for Parents/Carers

Cyber Sprinters for Kids

Exciting new interactive online security resources for 7-11 year olds.

Young people are growing up in an increasingly digital world, exposing them to both the opportunities and risks of the internet. CyberSprinters empowers them to make smart decisions about staying secure online.

The digital game can be played on phone, tablet and desktop, and is supported by a suite of activities to be led by educational practitioners working with 7-11 year olds. Parents and carers can also try the CyberSprinter puzzles with their children at home!

Available via: www.ncsc.gov.uk/collection/cybersprinters/the-game

South West Grid for Learning (SWGfL)

SWGfL is a charity dedicated to empowering the safe and secure use of technology globally. Hosts a variety of support services including the Report Harmful Content tool and the Revenge Porn Helpline.

Available via: swgfl.org.uk/

Social Media Checklists

Downloadable booklets to guide you through your profile settings, in Facebook, Twitter (X), Instagram, Snapchat, TikTok and more. It helps you control how your profile appears, what your friends and other people can see, and how to report problems.

Available via: swgfl.org.uk/resources/checklists/

Cyber Aware

Advice on how to stay secure online from the UK's National Cyber Security Centre.

Available via: www.ncsc.gov.uk/cyberaware/home

Internet Matters

Internet Matters is a not-for-profit organisation dedicated to helping families keep their children safe online. Find information and safety settings for your child's devices and apps, along with guidance to tackle online issues they may face.

Available via: www.internetmatters.org/

A Parent's Guide to AI: www.internetmatters.org/resources/parent-guide-to-artificial-intelligence-ai-tools/

Find the Fake Interactive Quiz: www.internetmatters.org/issues/fake-news-and-misinformation-advice-hub/find-the-fake/

Online Safety Leaflets: www.internetmatters.org/resources/esafety-leaflets-resources/

Texting Dictionary: www.internetmatters.org/resources/text-dictionary/#navigation

Digital Parenting by Vodafone

Vodafone UK's Digital Parenting site helps empower parents with the right online safety information. With this, parents can enable their children to get the best and safest online experience.

Available via: www.vodafone.co.uk/newscentre/smart-living/digital-parenting/

UK Safer Internet Centre

Provides support and services to children and young people, adults facing online harms, and professionals working with children. Formed of three charities, Childnet, Internet Watch Foundation, and SWGfL who work together to identify threats and harms online and then create advice, resources, education, and interventions.

Available via: saferinternet.org.uk/

Common Sense Media

Provides age-based reviews and ratings of movies, apps, games and much more. Considers the views of parents and children too.

Available via: www.common sense media.org/

Get Safe Online

Provides practical advice on how to protect yourself, your computers, and mobile devices against fraud, identity theft, viruses, and many other problems encountered online.

Available via: www.getsafeonline.org/

Action Fraud

Action Fraud is the national reporting centre for fraud and cybercrime. It collects reports on behalf of the Police in England, Wales, and Northern Ireland.

Available via: www.actionfraud.police.uk/

National Cyber Security Centre

The National Cyber Security Centre (NCSC) provides cyber security guidance and support helping to make the UK the safest place to live and work online.

Available via: www.ncsc.gov.uk/