



28th March 2025

Dear Parents / Carers,

As a school we renamed 'PSHE' (Personal, Social, Health and Economic) education so we call it **Learning for Life**. We felt that this title was more meaningful to the children as the learning focuses on your child's personal development journey throughout primary school and beyond.

Every year, the Term 5 topic is 'Relationships'. Each year group will cover a different range of **age-appropriate learning** about building positive, healthy relationships. This includes families, friendships, conflict, keeping safe, understanding and managing feelings, and being safe with technology.

Teaching about safety and relationships during our Learning for Life lessons is one way in which schools approach the safeguarding of children. Relationships knowledge and skills are now statutory in Primary schools, and the content for your child's year group is detailed below.

Term 5 'Relationships' teaching and learning in Year 2

RL	Knowledge	Social and Emotional Skills	Questions for Family Learning
Ages 6-7	<ul style="list-style-type: none"> Know that everyone's family is different Know that families function well when there is trust, respect, care, love and co-operation Know that there are lots of forms of physical contact within a family Know how to stay stop if someone is hurting them Know some reasons why friends have conflicts Know that friendships have ups and downs and sometimes change with time Know how to use the Mending Friendships or Solve-it-together problem-solving methods Know there are good secrets and worry secrets and why it is important to share worry secrets Know what trust is 	<ul style="list-style-type: none"> Can identify the different roles and responsibilities in their family Can recognise the value that families can bring Can recognise and talk about the types of physical contact that is acceptable or unacceptable Can use positive problem-solving techniques (Mending Friendships or Solve-it-together) to resolve a friendship conflict Can identify the negative feelings associated with keeping a worry secret Can identify the feelings associated with trust Can identify who they trust in their own relationships Can give and receive compliments Can say who they would go to for help if they were worried or scared 	<ul style="list-style-type: none"> What's the same / different from our family to your friend's family? What would you do if someone was hurting you at school? Who would you go to for help at school? Why do people fall out with each other? What can you do if you don't agree with your friend? What can you do if you and your friend have had an argument? Can we share what we are grateful for in our family? How does Jigsaw Jo help in your Jigsaw lessons? Can you explain to me what 'Mending Friendships' is about?

During Term 6 the Learning for Life topic is 'Changing Me' which looks at coping positively with change appropriate to each year group. I will be sending further information about this content next term.

If you have any further questions or wish to see further teaching content for Term 5, please speak to myself or your child's class teacher.

Kind regards

Katie Stienlet

Reception Teacher & Learning for Life Lead