



28th March 2025

Dear Parents / Carers,

As a school we renamed 'PSHE' (Personal, Social, Health and Economic) education so we call it **Learning for Life**. We felt that this title was more meaningful to the children as the learning focuses on your child's personal development journey throughout primary school and beyond.

Every year, the Term 5 topic is 'Relationships'. Each year group will cover a different range of **age-appropriate learning** about building positive, healthy relationships. This includes families, friendships, conflict, keeping safe, understanding and managing feelings, and being safe with technology.

Teaching about safety and relationships during our Learning for Life lessons is one way in which schools approach the safeguarding of children. Relationships knowledge and skills are now statutory in Primary schools, and the content for your child's year group is detailed below.

Term 5 'Relationships' teaching and learning in Year 3

RL	Knowledge	Social and Emotional Skills	Questions for Family Learning
Ages 7-8	<ul style="list-style-type: none">Know that different family members carry out different roles or have different responsibilities within the familyKnow that gender stereotypes can be unfair e.g. Mum is always the carer, Dad always goes to work etcKnow some of the skills of friendship, e.g. taking turns, being a good listenerKnow some strategies for keeping themselves safe onlineKnow how some of the actions and work of people around the world help and influence my lifeKnow that they and all children have rights (UNCRC)Know the lives of children around the world can be different from their own	<ul style="list-style-type: none">Can identify the responsibilities they have within their familyCan use Solve-it-together in a conflict scenario and find a win-win outcomeKnow how to access help if they are concerned about anything on social media or the internetCan empathise with people from other countries who may not have a fair job/ less fortunateUnderstand that they are connected to the global community in many different waysCan identify similarities in children's rights around the worldCan identify their own wants and needs and how these may be similar or different from other children in school and the global community	<ul style="list-style-type: none">What jobs do I / mummy / daddy do around the house?What makes a good friend?Can you tell me about a time when you were really good at sharing / taking turns / listening?How can you stay safe online? What should our rules be?What would you do if you saw or heard something online that made you feel worried?What rights do children have?How could we use the Solve-it-together technique at home?

During Term 6 the Learning for Life topic is 'Changing Me' which looks at coping positively with change appropriate to each year group. I will be sending further information about this content next term.

If you have any further questions or wish to see further teaching content for Term 5, please speak to myself or your child's class teacher.

Kind regards

Katie Stienlet

Reception Teacher & Learning for Life Lead