



E-ACT Bannerman Road

Community Academy

Date

Dear Parents Carers

We would like to draw your attention to this free Bristol City Council event.



World Bike Day at Sparks – 31st May

On Saturday 31 May, at Sparks in Broadmead we are celebrating World Bike Day with a day of FREE events.

Pedal your way on down to Sparks in Broadmead to join us for World Bike Day on Saturday 31 May. All events are '**spoketacular**' and free.

- Want to be your own bike mechanic? **Sign up for a bike maintenance session** this World Bike Day at Sparks in Broadmead. Sessions include puncture repair and brake maintenance. There is also a session for children and parents to learn together.
- Bring your kids down to our **Active Travel Workshop and Bring Your Bike** event at Sparks in Broadmead for World Bike Day.

All events are free, but booking is required (follow the links below to book your place!):

[12pm to 1.30pm: active travel workshop and 'bling your bike' session \(ages 8 to 12\)](#)

[1pm to 2.15pm: free bike maintenance class \(for children with parents\)](#)

[2pm to 3pm: bike maintenance class puncture repair \(for adults\)](#)

[3pm to 3.45pm: bike maintenance class brakes \(for adults\)](#)

Regular physical activity of moderate intensity, such as walking, cycling, or doing sports, has significant benefits, making you happier and healthier.

Working links below



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Kind regards

Jodi Dyer, Acting Headteacher