



15<sup>th</sup> May 2025

Dear Parents / Carers,

As part of our Learning for Life education (previously PSHE) the Term 6 topic every year is 'Changing Me'. Each year group will cover a different range of **age-appropriate learning** about coping positively with change.

**Statutory teaching about how and why our body changes as we grow during our Learning for Life lessons is one way in which schools approach the safeguarding of children.** This knowledge has been statutory in Primary schools since September 2020 to empower children with the right information to understand the changes that are happening to their bodies (inside and outside), and help them to make healthy, informed decisions throughout their lives. This includes correctly naming some private body parts from Year 1 onwards as the correct terminology is crucial for children to understand and feel confident about their bodies. It also gives children the correct language to accurately voice any safeguarding concerns. The content for your child's year group is detailed below.

#### **Term 6 'Changing Me' teaching and learning in Year 2**

In this Puzzle, children look at different life cycles in nature including that of humans. They reflect on the changes that occur (not including puberty) between baby, toddler, child, teenager, adult and old age. Within this, children also discuss how independence, freedoms and responsibility can increase with age. As part of a school's safeguarding duty, pupils revisit the correct words for private parts of the body (those kept private by underwear: anus, penis, testicle, vulva). They are also reminded that nobody has the right to hurt these parts of the body, including a lesson on inappropriate touch and assertiveness. Children practise a range of strategies for managing feelings and emotions. They are also taught where they can get help if they are worried or frightened. Change is taught as a natural and normal part of growing up, and the range of emotions that can occur with change are explored and discussed.

All lessons are taught using simple, child friendly language and pictures, which help children understand the changes more effectively. In some KS2 year groups, some lessons may be taught separately to boys and girls to ensure all children are comfortable and that they fully engage with the lesson. Any images used have been sensitively chosen in response to previous parent consultations. Some content is also included as part of the statutory science curriculum. The Department for Education guidance states : At key stages 1 and 2, the



## E-ACT Bannerman Road Community Academy

National Curriculum for science includes teaching about the main external parts of the body and changes to the human body as it grows from birth to old age, including puberty.

You are unable to withdraw your child from any teaching that falls within the **statutory science curriculum or statutory relationships and health education**. At BRCA, the content in all lessons from Year 1 to Year 4 is statutory as sex education is not taught in these year groups. However, you have the right to withdraw your child from the non-statutory elements of sex education, which is understanding *how* human reproduction happens. At BRCA, this applies to one lesson in Year 5 and one lesson in Year 6.

If you have any further questions, we would like to invite you to a **drop in session on Thursday 22<sup>nd</sup> May between 9am and 10am**.

Alternatively, please email [katie.stienlet@brc.e-act.org.uk](mailto:katie.stienlet@brc.e-act.org.uk) for further information or speak to your child's teacher.

Kind regards,

Katie Stienlet  
Reception Teacher and Learning for Life Lead